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A N N U A L R E P O R T

for the

Y E A R E N D I N G

31st December, 1963.

UPPINGHAM RURAL DISTRICT COUNCIL

A N N U A L R E P O R T

of the

MEDICAL OFFICER OF HEALTH

1963.

Mr, Chairman, Ladies & Gentlemen,

I beg to submit my Annual Report for the year 1963. This report deals generally with matters within my responsibility regarding Public Health and Preventive Medicine, and it is presented in the form required by the Ministry of Health.

GENERAL STATISTICS

Area (in acres).....	24,735
Registrar General's Estimate of Population.....	6,150
Number of inhabited houses at the end of 1963.....	1,993
Rateable Value.....	£143,054
Net product of penny rate.....	£570

VITAL STATISTICS

	Males.	Females.	Total.
Live Births - Legitimate	52	49	101
- Illegitimate	1	2	3
Still Births - Legitimate	1	-	1
- Illegitimate	-	-	-

	Rate for District.	Rate for England & Wales.
Birth Rate	20.3	18.2
Death Rate	10.1	12.2
Infant Mortality Rate for 1,000 live births	9.6	20.9

CAUSES OF DEATH.

	Male.	Female.
Tuberculosis, respiratory	-	-
Tuberculosis, other	-	-
Syphilitic disease	-	-
Diptheria	-	-
Whooping Cough	-	-
Meningococcal infections	1	-
Acute Poliomyelitis	-	-
Measles	-	-
Other infective and parasitic diseases	-	-
Malignant neoplasm, stomach	-	-
Malignant neoplasm, breast	-	-
Malignant neoplasm, lung, bronchus	2	1
Malignant neoplasm, uterus	-	2
Other malignant & lymphatic neoplasms	2	5
Leukaemia, aleukaemia	-	-
Diabetes	-	-
Vascular lesions of nervous system	4	4
Coronary disease, angia	8	6
Hypertension with heart disease	-	-
Other heart disease	5	6
Other circulatory disease	2	-
Influenza	-	-
Pneumonia	2	1
Bronchitis	2	1
Other disease of respiratory system	-	-
Ulcer of stomach and doudenum	-	-
Gastrtis, Enteritis and Diarrhoea	-	1
Nephritis and nephrosis	-	-
Hyperplasia of prostate	-	-
Pregnancy, childbirth, abortion	-	-
Congenital malformations	1	-
Other defined and ill-defined diseases	3	2
Motor Vehicle Accidents	2	-
All other accidents	-	1
Suicide	-	-
Homicide	-	-
	34	30

PREVALANCE OF AND CONTROL OVER INFECTIOUS & OTHER DISEASES.

Notifiable Diseases (other than Tuberculosis) during the year 1963.

Disease.	Total cases notified.	Cases admitted to hospital.	Total deaths.
Measles	38	-	-
Whooping Cough	-	-	-
Acute Lobar Pneumonia	1	-	-
Dysentery	4	-	-
Meningococcal Meningitis	2	2	-

Disease	Under 1	1/2	2/3	3/4	4/5	5/10	10/15	15/25	25/35	35/45	45/64	65 and over
Measles	2	4	8	6	2	11	5	-	-	-	-	-
Dysentry			1			3						
Meningococcal Meningitis		1				1						

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Tuberculosis.

New Cases and Mortality during 1963.

One case of Pulmonary Tuberculosis was notified during the year.

TYPE OF DISTRICT.

The district is almost entirely agricultural.

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA.

Public Health Officers of the Authority.

Medical Officer of Health - John Young, M.B., Ch.B., D.P.H., Camb.

The Medical Officer of Health acts for the Leicestershire and Rutland Combined Districts, in which this district is included.

Public Health Inspector & Surveyor - J.E. Garbett, M.R.S.H., A.F.S.

Assistant Public Health Inspector & Surveyor - D.G. Beaumont, A.R.S.H.

The following examinations were carried out during the year at the Public Health Laboratory, Leicester:-

Nose & Throat swabs	2
Faeces & Urines	63
Milk	18
Water	19
Miscellaneous	1
Food	1

SANITARY CIRCUMSTANCES OF THE AREA.

WATER.

Supply.

The water supply for the district is derived as follows:

(a) from the Leicester Corporation's Welland Valley Waterworks to the parishes of Uppingham
Lyddington
Thorpe by Water
Ayston
Bisbrooke
Seaton
Stoke Dry
Glaston

(b) from the Leicester Corporation's River Dove source to the parishes of North Luffenham
South Luffenham
Morcott
Wing
Preston
Ridlington
Pilton
Belton

(c) from the Oundle & Thrapston's R.D.C's. borehole at Tixover (bulk supply) to the parish of Barrowden.

(d) from the Mid-Northants Water Board to the parish of Caldecott.

(e) Two small parishes remain without public mains supply i.e. Wardley (population 26) and Beaumont Chase (population 4). At Wardley a good piped supply is available from a private estate.

Quantity & Quality.

All centres of population in the district (excepting Wardley already adequately supplied) have mains water. There are only a few isolated properties outside the range of the water mains. A considerable number of houses in the district have mains water only in the form of a standpipe at the boundary of the premises, or even outside the curtilage. Nineteen samples of mains water in the district were taken for bacteriological examination and received satisfactory reports. None of the mains water supplies have plumbo-solvent characteristics. The fluoride content of the water supplied in any part of the district is less than 0.2 p.p.m. and the Council decided at its meeting in January that no objection be raised to any proposal for the addition of fluoride up to 1 p.p.m. to water supplies in this area.

The City of Leicester Water Department and the Mid-Northamptonshire Water Board have their own arrangements for sampling and examination of water supplies. Samples taken within the area of these two supplying authorities were, therefore, in the nature of a double check on the quality of supplies. All of the samples were taken from supply and it was not practicable to take samples of raw water, as the sources of supply are distant and adequately controlled by the supplying authorities.

Seven samples of water from shallow wells were obtained. Three of the samples were not satisfactory and action was initiated to improve the quality or close the supplies.

There was no shortage of water during the year.

The following table shows the position regarding mains supplies to dwellings in the various parishes.

Parish	Population (1961 Census).	Number of habitable dwellings (Est.1963).	No. of houses in parish not supplied.
AYSTON	58	15	-
BARROWDEN	327	116	3
BEAUMONT CHASE	4	1	1
BELTON	262	97	9
BISBROOKE	166	52	4
CALDECOTT	275	86	4
GLASTON	145	61	2
LUFFENHAM, NORTH	425	131	7
LUFFENHAM, SOUTH	295	102	5
LYDDINGTON	286	116	4
MORCOTT	317	114	5
PILTON	15	8	-
PRESTON	183	71	6
RIDLINGTON	180	57	2
SEATON	148	54	2
STOKE DRY	29	11	3
THORPE-BY-WATER	35	12	2
UPPINGHAM	2,500	782	6
WARDLEY	22	12	12 (Private Supply).
WING	242	95	3
TOTALS	5,914	1,993	80

PUBLIC SWIMMING BATHS.

There are no public swimming baths in the district. Uppingham School has its own swimming bath for the use of the Boys and Staff.

DRAINAGE & SEWERAGE.

Good progress with sewerage and sewage disposal schemes continued during the year. The sewered areas are now -

Barrowden
Belton
Caldecott
Glaston
Luffenham, North
Luffenham, South
Lyddington
Morcott
Preston (parts of).
Uppingham and
Wing.

The Barrowden sewerage scheme was completed and came into operation, and the Ridlington sewerage and sewage disposal scheme was well advanced by the end of the year. The Council have maintained the good progress in this field which was noted in last year's report. As a direct result, progress continues in the improvement of properties in the area.

The conversion of pail and earth closets to water closets continues steadily, with the aid of payments, under section 47 of the Public Health Act, 1936.

The construction of modern sewage disposal works, to replace the existing sewage farm at Uppingham was continued during the year but will not come into operation until 1964, when the serious pollution now occurring in the small stream receiving the sewage farm effluent will be stopped. Sewerage and sewage disposal schemes are now in course of preparation for the villages of Ayston, Bisbrooke and Seaton. When these schemes are complete only very small parishes (Beaumont Chase, Pilton, Stoke Dry, Thorpe by Water and Wardley) with total populations of approximately 102 will be without proper sewerage and sewage disposal facilities.

The estimated closet accommodation for dwellings at the end of the year in the district was

(a) Privies and pail closets 418

(b- Water Closest 1,575

The Public Conveniences in Uppingham, with their free facilities for washing hands with liquid soap and hot water, and paper towels for drying, are generally appeciated by the public. Unfortunately, vandalism at the premises is increasing. The culprits appear to be youths and, despite the amount of attention given to the problem, the answer to this type of destruction is not known.

PUBLIC CLEANSING.

During the year a complete survey was made of the fortnightly collection service. The information collected formed the basis of a complete replanning of routes and collection schedules which,with the introductiion of a simple form of incentive bonusing, has resulted in a ten-day service by the same team of men. Credit is due to these men for their co-operation in making the reorganisation successful.

PREVENTION OF DAMAGE BY PESTS ACT, 1949.

The Council continued to participate in the Rutland County Joint Pest Control Scheme, which worked effectively through the year.

SANITARY INSPECTION OF THE AREA.

Particulars given here are for all purposes, including particulars given elsewhere in the report.

Total number of complaints received..... 19

Number of defects or nuisance discovered..... 31

Nature of Inspections.	No. of inspections.	No. of re-visits.
Water supplies	44	14
Dwellinghouses	93	26
Tents, vans, etc.	71	12
Food premises	107	5
Offensive Trades	-	-
Factories & Workshops	25	-
Drainage systems.	315	11
Sewage Plant	27	89
Slaughterhouses	2	112
Meat & Foods	111	-
Infectious Disease	5	46
Refuse collection & disposal	246	45
Miscellaneous	86	32
Farm premises	34	26
	1,166	418

Notices.

Preliminary.	Housing.	Other.
Outstanding on 1st January, 1963	2	3
Issued during the year	4	3
Complied with during the year	4	5
Statutory action necessary	-	1
Outstanding on 31st December, 1963	2	1

Statutory.	Housing.	Other.
Outstanding on 1st January, 1963	2	-
Issued during the year	2	1
Complied with during the year	3	-
Outstanding on 31st December, 1963	1	1

Inspection by Medical Officer of Health.

Dwellinghouses.....	57
Food Premises.....	31
Shops.....	40
Miscellaneous.....	28

HOUSING.

Grant aid under the Housing Acts, 1958, 1959 and 1961, in this district remains an important inducement to owners of old houses to bring these houses up to modern standards. Good work of this type, noted in my report for 1962, continued in 1963. Apart from the improvement of housing standards involved, this work helps to preserve the character of the ironstone villages of the area at a time when there is an increasing tendency towards a universal suburbia in village and town alike.

Whilst a steady flow of applications for grant aid continues, there remains a hardcore of properties which the owners are reluctant to improve. There properties are likely to remain without basic modern amenities indefinitely unless complusory powers are made available to local authorities.

The following table shows the grant-aided work carried out in 1963.

Grant-aided Schemes.	"Standard" Owner-occupied	"Standard" Tenanted	"Discretionary" Owner-occupied	"Discretionary" Tenanted.
Approved	4	3	23	13
Completed	4	2	17	18

The number of unfit houses demolished during the year - 10
" " " " " closed " " " - 3
" " " " " remedied as a result of L.A. action - 5
" " " new Private Dwellings completed - 12
" " " " " " under construction at the end of year - 20
" " " " Council Houses completed 10
" " " " " " under construction at the end of year - 9

The need(noted last year) for more dwellings for old people remains. More of these would not only provide accommodation for old people, but would release under-occupied houses for younger people with families.

At the end of the year there were 115 applications for accommodation on the Council's list. Thirty-three applications were from persons outside the district.

F O O D

Milk.

Eighteen samples of milk produced and/or retailed in the district were submitted to the Public Health Laboratory, Leicester for bacteriological examination.

The reports upon all of the milk samples were satisfactory. Brucellosis which had been found in milk produced in the district in the past was not detected for the second succeeding year.

Meat & Foods.

In July a new slaughterhouse at Belton came into use and the amount of slaughtering in the district increased considerably. There are now two small slaughterhouses in the district. As will be seen from the table given below, 100% meat inspection was achieved for 1963.

Carcases Inspected.

Animals	Cattle (excluding cows).	Cows	Calves	Sheep & Lambs	Pigs	Horses
Number Killed	79	Nil	Nil	450	96	Nil
Number Inspected	79	Nil	Nil	450	96	Nil

Amount Condemned (Percentage).

Condemned	Cattle	Sheep	Pigs
Carcases or parts of carcases	Nil	Nil	Nil
Organs	8%	1%	2%
Stomachs & Intestines	Nil	Nil	Nil

Most of the organs condemned had parasitic infestations or abscesses.

The standard of the meat trade in the district was generally good.

Two items of preserved food, a side of bacon weighing 50 lbs. and 1 6 lb. tin of corned beef, were voluntarily surrendered for condemnation during the year.

Food Premises.

1. No. of premises by type of business.

Bakehouses	3
Dairies	1
Butchers' Shops	6
Hotels and Cafes	7
Grocers' Shops (including greengrocers, etc)	32
Fish, fried	Nil
Fish, fresh	1
Premises for sale of Ice-Cream	26

Note: Certain premises are automatically included under more than one sub-heading, e.g. Cafes and Ice-Cream Premises.

2. No. of Food Premises registered under section 16 of the Food & Drugs Act, 1955.

Premises registered for the sale of Ice-Cream	26
Others	5

3. No. of Dairies registered under the Milk & Dairies Regulations, 1949

..... 1

4. No. of Inspections of registered Food Premises

..... 44

5. Method of disposal of Condemned Food.

Burnt or buried at Council refuse tip.

6. Examination of Food Consignments..... Nil

Food Hygiene Regulations, 1960.

All food premises in the district were visted during the year. The standard of these premises is slowly rising, but there is still room for improvement in the construction and finish of rooms and fittings to promote ease of cleaning.

NATIONAL ASSISTANCE ACT, 1948.

No action has been necessary during the year.

I have the honour to be,

Your obedient servant,

JOHN YOUNG.

MEDICAL OFFICER OF HEALTH.

A P P E N D I X

FACTORIES ACTS, 1961.

Prescribed Particulars on the Administration of the Factories Act, 1961.

PART 1 OF THE ACT.

1. - INSPECTIONS for the purposes of provisions as the Health (including inspections made by Public Health Inspectors).

Premises	Number on Register (2)	Number of		
		Inspections (3)	Written Notices (4)	Occupiers prosecuted. (5)
(i) Factories in which Sections 1,2,3,4 & 6 are to be enforced by local authorities....	1	3	-	-
(ii) Factories not included in (i) in which section 7 is enforced by the Local Authority.....	22	26	-	-
(iii) Other premises in which section 7 is enforced by the Local Authority (excluding outworkers premises.....	1	1	-	-
	24	30	-	-

2. - Cases in which DEFECTS were found..... Nil

PART VIII OF THE ACT

Outwork

(sections 133 and 134).

Nil